

Pottstown Early Action for Kindergarten Readiness

Mission: Every child in Pottstown will enter Kindergarten ready to learn and achieve

PEAK Family Connections

PEAK Family Connections: Providing families with resources, support, and opportunities to encourage interactive learning at home and in our community.

PEAK COMMUNITY NEWS

Month of the Young Child FREE Community Event!

Sunday, April 11th — 2pm-4pm

YMCA (724 N. Adams Street in Pottstown)

- Reading Phillies Screwball
- Petting zoo
- Moon bounce
- Pippin the Clown
- Displays & Activities

...and MUCH more!



Bring the whole family!

Family Literacy Nights

The Pottstown School District and PEAK invite you and your child to Family Literacy Nights! Get a chance to learn skills and activities to help promote reading and literacy at home! Family Literacy Nights will be held at the Pottstown Middle School from 6:00pm-7:30pm on the following dates:

- Wednesday, April 7, 2010
- Wednesday, May 5, 2010
- Wednesday, May 26, 2010



Get out of the house and come join us for snacks, giveaways, learning and fun! Childcare available—please contact Whitney Leone 610-326-1610 (x233) for more information.



Spring 2010

CONTACT US!

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EMPOWERED PARENTS

PA Pre-K Counts Registration

Our partner sites are now enrolling children for next year's **PA Pre-K Counts** classrooms! Please contact the sites directly for eligibility requirements and to get your child enrolled in this free full-day program for next year:

KinderCare—610-326-0554
Head Start—610-323-6891
MELC—610-326-3819
Warwick—610-323-1601
YMCA—610-323-7300
YWCA—610-323-1888



Kindergarten Registration

If your child is going to be **5-years-old** by **September 1st** and is entering the Pottstown School District, **NOW** is the time to register for kindergarten! Please contact your child's Elementary School or PEAK if you have not yet filled out the paperwork, and we will help you with the process!



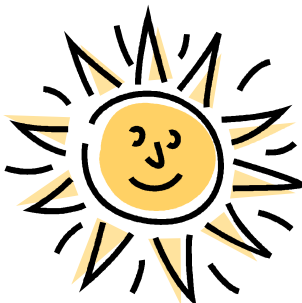
HEALTH and WELLNESS

Have Fun Outdoors!

Spring is just around the corner! When weather cooperates, there is no better place for your child to be than the great outdoors. To be healthy, children need to get fresh air and exercise. A bonus is all the learning that takes place while your child is playing in your yard or maybe at a near-by park or playground.

Here are some things for your kids to do outdoors:

- Kids love to collect outdoor "treasures". Encourage your child to gather things such as acorns, pine cones, small stones, leaves, and twigs.
- Children love to pretend to be camping under a tent made from an old sheet or blanket. Provide some old pots, pans, spoons and some unbreakable dishes for a true camping experience!
- Discoveries such as bugs and worms can be exciting finds for a child
- Sticks and stones can provide hours of fun
- Trees, bushes, flowers, and weeds are other outdoor things to explore



- Young children learn best from their senses—when they can see, touch, and smell things
- Children can be loud when they are outdoors—they can laugh, yell, and shout.
- When outdoors, children can run, play, and climb on things. They can throw balls and roll down a hill. There are so many interesting things to do outdoors!

Contributed by
Kathy Perry,
EC Health Consultant

Please contact PEAK if you have any questions or concerns or if you would like information about a specific topic published in this newsletter. You may also e-mail Whitney Leone at wleone@fsmontco.org.

FAMILY CORNER

Snack Time—Get Your Kids Involved! Go Fish Snacker

Ingredients:

- Rice cakes
- Whipped cream cheese
- Blue food coloring
- Goldfish crackers

Directions:

- Put the cream cheese into a small bowl—add two drops of food coloring and stir until combined
- Spread 1 tbsp. of cream cheese onto each rice cake
- Top with goldfish crackers, stand them up so it looks like they're swimming
- ENJOY!



(adapted from [Cooking for Kids Guide](#) by Stephanie Gallagher)

What Would Happen If...

Children don't like to be stuck in the car (or the bus, or the doctor's office, etc.) any more than you do. Here's a fun game to help pass the time, as well as promote creative thinking in your young children.

Ask your child some "What would happen if..." questions. Use the following as examples, and then come up with some of your own:

- What would happen if the dinosaurs came back?
- What would happen if cars could fly?
- What would happen if broccoli tasted like chocolate?

After a few rounds, encourage your child to ask YOU some "What Would Happen If..." questions—you may just learn something about each other!

Idea taken from **The Toddler's Busy Book** by Trish Kuffner

