

# PEAK

## Count Down to Kindergarten

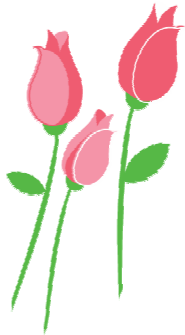
### Pretend You are a Growing Plant (Tune: Do You Know the Muffin Man?)

This is the way we stay in the ground  
Stay in the ground, stay in the ground  
This is the way we stay in the ground  
Underneath the soil (children crouched down low)

This is the way we start to grow  
Start to grow, start to grow  
This is the way we start to grow  
In the bright sunlight (children slowly start to stand)

This is the way we grow up tall  
Grow up tall, grow up tall  
This is the way we grow up tall  
When the raindrops fall (stand up tall and sway)

This is the way we stretch and sway  
Stretch and sway, stretch and sway  
This is the way we stretch and sway  
In the sun all day (stretch high and sway back and forth)



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**This is Way we Plant our Seeds  
(Tune: Round the Mulberry Bush)**

This is the way we plant our seeds,  
Plant our seeds, plant our seeds.  
This is way we plant our seeds,  
Early in the morning.

This is the way the wind does blow,  
Wind does blow, wind does blow.  
This is the way the wind does blow,  
Early in the morning.

This is the way the rain comes down,  
Rain comes down, rain comes down.  
This is the way the rain comes down,  
Early in the morning.

This is the way the sun shines bright,  
Sun shines bright, sun shines bright.  
This is the way the sun shines bright,  
Early in the morning.

This is the way the seed grows up,  
Seed grows up, seed grows up.  
This is the way the seed grows up,  
Early in the morning.

This is the way we hoe the soil,  
Hoe the soil, hoe the soil.  
This is the way we hoe the soil,  
Early in the morning.

This is the way we pick our beans,  
Pick our beans, pick our beans.  
This is the way we pick our beans,  
Early in the morning



**April Clouds**

Two little clouds one April day  
(hold both hands in fists)  
Went sailing across the sky  
(move fists from left to right)  
They went so fast that they bumped their  
heads  
(bump fists together)  
And both began to cry  
(point to eyes)  
The big round sun came out and said,  
(make circle with arms)  
"Oh never mind my dears,  
I'll send all my sunbeams down  
(wiggle fingers downward like rain)  
To dry your fallen tears"

**Ten Little Leaf Buds**

Ten little leaf buds growing on a tree (fingers  
are buds)  
Curled up as tightly as can be (curl fingers up  
into fists)  
See them keeping snug and warm,  
During the winters cold and storm. (snuggle  
fist under fist)  
Now along comes windy March,  
With his breath now soft, now harsh.  
First he swings them roughly so (swing fists  
back and forth)  
Then more gently to and fro (swing tenderly)  
'Til the raindrops from the skies (stretch arms  
high, bring down to floor, tapping fingers as  
rain)  
Falling pitter, patter-wise (repeat previous  
action)  
Open wide the leaf bud's eyes. (arms  
outstretched, open fists and spread fingers at  
the word "eyes")

**When Spring Comes Rolling In!**  
**(Tune: When the Saints Come Marching In)**

Oh when spring, comes rolling in,  
Oh when spring, comes rolling in,  
The Bee's will all start to buzz,  
When spring comes rolling in.

Oh when spring, comes rolling in,  
Oh when spring, comes rolling in,  
the tree's will all start to bloom,  
When spring comes rolling in.

Oh when spring, comes rolling in,  
Oh when spring, comes rolling in,  
the rain will start to fall,  
When spring comes rolling in.

## **PEAK Literacy Tip**

Finger plays, songs, and rhymes are important for helping children learn the sounds of language. This is the beginning step of learning to read.

It is important for young children to:

- Repeat rhyming songs and poems and identify rhymes
- Recognize the common sounds at the beginning of words

Have fun with these seasonal songs and rhymes.

**Earth Day Song**  
**Tune: Mary had a Little Lamb**

Plant a seed and you will see,  
You will see, you will see,  
Plant a seed and you will see  
What a beautiful world it can be.

Help us to recycle things,  
Recycle things, recycle things,  
Help up to recycle things,  
What a beautiful world it brings.

Put your trash where it belongs,  
Where it belongs, where it belongs,  
Put your trash where it belongs,  
And the world stays beautiful for long.



**Pottstown Early Action for Kindergarten Readiness**  
**[www.peakonline.org](http://www.peakonline.org)**  
**610-970-6655**